

## HOW TO PREPARE AND GIVE THE INJECTION

1. You will need a 3cc syringe, 18g 1 1/2 inch needle, 25g 1 1/2 inch needle, alcohol swab and a band-aid.
2. Draw 1ml of air into syringe. Push needle through the rubber stopper of diluent/liquid vial. Push air into vial. Pull out 1ml of diluent/liquid.
3. Inject the 1ml of diluent/liquid into the vial of HCG powder. Swirl the vial thoroughly to mix solution. After mixing, withdraw the entire amount of the mixed solution.
4. Change needles. Use the blue needle (25g) of the injection. You may give the injection in the gluteal (buttock) or the deltoid (arm).
5. Insert the needle in one smooth swift motion at a 90-degree angle (like a dart – but don't let go!) The needle should go all the way in if you are using the gluteal (buttock). If you are a thin person and using the deltoid, the needle can go 1/2-3/4 of the way in.
6. Before injecting the medication, steady the needle with one hand and pull back slightly on the plunger of the syringe with your other hand. If you do not see any blood in the syringe, inject the medication. If there is blood, withdraw the syringe, replace the needle with a new sterile one and immediately inject again. Pull back on the syringe as before, if no blood, inject!
7. Pull the needle out and apply pressure to the injection site with your alcohol pad or a tissue. Place a band-aid on the site.
8. Congratulation! You are done!

**ATTENTION: If the office staff gave you the HCG medication, a pharmacy (Avella) will be calling you for payment to send a replacement to the office. Please take care of this as soon as possible so the replacement will be available for the next patient in need of this medicine.**